

# 21 DAYS OF PRAYER AND FASTING



## JANUARY 5-25, 2025

New Life Empowerment Ministries

### ISAIAH 58:6

Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?

Greg Ota  
PASTOR

# 21 Day Fasting Program

**Isaiah 55:1** Ho, every one that thirsteth, come ye to the waters, and he that hath no money; come ye, buy, and eat; yea, come, buy wine and milk without money and without price.

## January 5-25, 2025

1. Fast from 6am – 6pm daily, start and close with prayers
2. Start at the same time daily, go as far as your health will let you.
3. If you are on medication ,eat a little for the purposes of taking your medicine
4. Write down your expectations/list of the answers/intervention from God
5. Pray your list daily in addition to the ones prescribed below.
6. Determine that the change you desire must come this 2024. Take responsibility for your success
7. There is no easy path to glory, there is no rosy road to fame or success, and all roads to success require HARDWORK and dedication.
8. Adam failed by what he ate, Jesus fasted and resisted the devil by refusing to eat at Satan's command,
9. NO PAIN, NO GAIN
10. Avoid strife of any kind.
11. Social Media is a distractor, be careful
12. Your fasting must be from FOOD primarily, all others are extra.

**Proverbs 14:23** In all labour there is profit :but the talk of the lips tendeth only to penury

**Isaiah 55:6** Seek ye the LORD while he may be found, call ye upon him while he is near:

**There is no profit without labor, labor for the change you want.**

## The year of The Emergence of The Church 2025

*Micah 4:1-2 But in the last days it shall come to pass, that the mountain of the house of the LORD shall be established in the top of the mountains, and it shall be exalted above the hills; and people shall flow unto it.*

*<sup>2</sup> And many nations shall come, and say, Come, and let us go up to the mountain of the LORD, and to the house of the God of Jacob; and he will teach us of his ways, and we will walk in his paths: for the law shall go forth of Zion, and the word of the LORD from Jerusalem.*

- **Day 1 Thanksgiving**
  - Colossians 4:2
  - Psalm 100:4
  - Psalm 7:17
    - List all the things God has done for you and yours so far
    - Make a list of your expectations from this fast
    - Pray EVERY 3 HOURS
- **Day 2 Confession**
  - 1 John 1:9
  - Proverbs 28:13
  - James 5:16
    - Make sure your heart is clear of every strife
    - Clear your conscience of any malice and confess to God
    - Pray your list
    -
- **Day 3 Forgiveness**
  - Ephesians 4:32
  - Mark 11:25
  - Matthew 6:15
    - Ask God for forgiveness from God
    - Ask forgiveness from everyone you have a misunderstanding
    - Pray your list
    -
- **Day 4 Lord , Have mercy**
  - James 2:13
  - Psalm 145:9
  - Romans 3:10-13
    - Ask for mercy of God in everything
    - Be merciful those that have offended you
    - Pray your list and meditate on scriptures
    -
- **Day 5 Lord, bless your church**
  - Matthew 16:18
  - Ephesians 2:20-22
  - 1 Corinthians 3:17
    - Pray for the church of Jesus Christ Universal and local
    - Send workers to your local assembly
    - Empower us to go after souls
    - Pray your list and meditate on scriptures
    -
- **Day 6 Lord, Revive the local church**

- Psalm 85:6
- Isaiah 57:15
- Hosea 6:2
  - Pray for your local assemblies
  - Pray for your preachers and teachers
  - Pray your list and meditate on scriptures
  -
- **Day 7 Terminate early death and abortion of your plans in our lives**
  - Revelation 21:4
  - Job 33:23-26
  - John 11:25-26
  - Psalm 118:17
  - Hosea 13:14
  - Isaiah 28:18
    - Pray for the termination of early death in my life, family and ministry
    - Pray for every arrow of the enemy that is designed to make you look bad to back to sender
    - Pray your list and meditate on scriptures
- **Day 8 Enough is enough**
  - I come against every spirit of laziness that hinders me from doing the will of God in every area of my life
  - Luke 18:7-8
  - 1 Thessalonians 4:6
  - Hebrews 10:30
    - Enough is enough of near successes
    - Enough is enough of lack, sickness and diseases
    - Enough is enough of wrong patterns and systems working against my success
    - Pray your list and meditate on scriptures
- **Day 9 Baptize me with the spirit of wisdom and knowledge**
  - Ecclesiastes 7:12
  - Isaiah 11:2
  - James 1:5
    - Pray for divine wisdom on a daily basis
    - Read and meditate on relevant scriptures
    - Pray your list
- **Day 10 Baptize me with the spirit of wisdom and knowledge**
  - Psalm 111:10
  - 1 Corinthians 3:19-20
  - James 3:13
    - Pray for divine wisdom on a daily basis
    - Read and meditate on relevant scriptures
    - Pray your list
- **Day 11 & 12 Every embargo on my life, ministry and family must go**

- Numbers 23:23
- Revelation 9:21
- Acts 16:16
  - Pray against every occurrence that repeats itself in your life or that of your family
  - Stand up against every issue of life that does not line up with God's will for your life
  - Pray your list and meditate on scriptures
- **Day 13 & 14** Every altar, covenant, file or system working in my family must fail this year
  - Leviticus 19:31
  - 2 Kings 21:6 -Every evil still hiding in the shadows of my life, but this fasting you are terminated in my family, in the name of Jesus Christ
  - Deuteronomy 7:5 Every evil altar anywhere that concerns my life and ministry, dries up today
  - Hosea 8:11 Every multiplied altar against me, my family, my ministry, my assignment and the call of God on my life, is scattered today in the name of Jesus
    - Pray against every occurrence that repeats itself in your life or that of your family
    - Stand up against every issue of life that does not line up with God's will for your life
    - Pray your list and meditate on scriptures
- **Day 15 & 16** The Homeless situation of the world and orphans
  - James 2:15-17
  - Isaiah 58:7
  - Proverbs 19:17
  - Proverbs 21:13
  - James 1:27
  - Isaiah 1:17
  - Psalm 146:9
    - Pray about the homeless population of the World, USA, Arkansas and Jonesboro
    - Pray for God to help put their care in your budget
    - Pray for shelter that will meet the needs of the people
    - Pray your list and mediate on scriptures
- **Day 17** The Widows of the world
  - Exodus 22:22-24
  - Psalm 68:5
  - Proverbs 15:25
  - 1 Timothy 5:3
    - Pray for the widows of the World, USA, Arkansas and Jonesboro
    - Pray your list and meditate on scriptures
    - Pray your list and meditate on scriptures
- **Day 18** Prayer against Principalities & powers against the church growth mandate



